LOSSA 2025 TRACK AND SCHEDULE

Novice: 1x(Start-Finish) + 2x(Dolphin-Duck-Deer-Monsters-Finish)

Junior: 1x(Start-Finish-Dolphin-Deer-Monsters-Finish) + 2x(Dolphin-Duck-Deer-Monsters-Finish)

Senior: 1x(Start-Finish) + 3x(Dolphin-Duck-Deer-Monsters-Finish)



- Start
- Finish
- O Dolphin
- O Duck
- Deer
- Monster 1
- Monster 2
- Monster 3 Forest exit

930-1030am Registration

1045am Coaches Meeting

11am Novice & Para Girls 4k

1135am Novice & Para Boys 4k

1210pm Junior Girls 5k

1255pm Junior Boys 5k

140pm Senior Girls 6k

230pm Senior Boys 6k

315pm Awards